



## Medicinal uses and Pharmacological activity of **Mothirakanni (*Hugonia mystax* Linn).** – A Review

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### ABSTRACT

*Hugonia mystax* Linn. belonging to family Linaceae, commonly known as ***Mothirakanni***. It is a rambling leafy tomentose climbing shrub found in low country, especially in dry regions of Sri Lanka and throughout the world, with a multitude of uses in traditional medicine. Review of literature revealed less work on this plant; hence the Sri Lankan traditional practitioners are using this plant to treat the poisonous bites. *Mothirakanni* is effectiveness in treating to reduce inflammatory tumours, snake bite, fever and worm infestation. *Hugonia mystax* is an anthelmintic, febrifuge and Antidote. In this paper general medicinal uses, Pharmacological activities and phytochemistry of the plants have been revived.

**Keywords:** Mothirakanni, *Hugonia mystax* Linn., Medicinal uses, Pharmacological activity

## **INTRODUCTION**

Hugonia mystax Linn. belonging to family Linaceae, commonly known as Mothirakanni. It is a rambling leafy tomentose climbing shrub found low country, especially in dry regions of Sri Lanka and throughout the world, with a multitude of uses in traditional medicine<sup>2</sup>. Mothirakanni is most well – known for its effectiveness in treating to reduce inflammatory tumours, snake bite, fever and worm infestation<sup>1</sup>. Hugonia mystax is an anthelmintic, febrifuge and Antidote<sup>1,5</sup>. It has been used for eras with much success to treat poisonous conditions. In the form of a powder it is administrated internally as an anthelmintic and febrifuge. Bark of the root is also employed as an antidote to poison<sup>1</sup>. Ethnobotanically, the stem bark is used for stomach pain, vomiting and indigestion.<sup>8</sup>

### **1. Vernacular names**

Tamil : Mothira kanni, Mothira konnai, Arure

Sanskrit : Kamsamara

Sinhala : Maha – getiya, Bu- getiya

English : Climbing flax

Telugu : Venoapa

Malayalam : Modera – kanni

### **2. Plant description :**

Hugonia mystax Linn. belongs to the medicinal family Linaceae. It is a scrambling shrub, with – spreading, yellow – tomentose branches set with short, horizontal twigs leafless below and provided at the end with a pair of nearly opposite, woody, reflexed, circinate, tapering, tomentose spines in the axils of

the two lowest leaves or scales; leaves alternate, on the main branches distant, on the lateral twigs crowded at their ends, 1 – 4 in, variable, oval or oblong – oval or obovate – oval, tapering to base, obtuse, entire or somewhat dentate, glabrous, thin, with reticulate venation prominent on both sides, petiole very short, stip. conspicuous , setaceous, persistent; flower rather large, 1 – 1  $\frac{1}{4}$  in, on woody petals as long as sepals., in axils of the crowded leave at end of twigs; outer sepals. lanceolate – oblong, tomentose, obtuse; petals. Many times longer than sepals., oblong – oval, acute or truncate; styles longer than stamens, stigmas capitate; drupe nearly globose,  $\frac{1}{2}$  in., supported on persistent sepals, pulp scanty, stone bony, grooved, 10 celled, with usually 2 or 3 seeds. <sup>2,3</sup>



**Hugonia mystax Linn  
(Mothirakanni)**

### 3. Phytochemistry

#### *Stem:*

Totally 62 chemical compounds were identified. Di-n-octyl phthalate (24.32%), 2-methyl-7-nonadecene (20.83%),  $\alpha$ -D-Glucopyranoside, methyl

(21.10%) were major constituent with the biological activities like antimicrobial, antifungal and antioxidant activity present in the stem extracts<sup>8</sup>

*Bark:*

Twenty compounds were identified. 2- Furan carboxaldehyde, 5-(hydroxyl methyl) – (27.64%),  $\alpha$ -D-Glucopyranoside, methyl, (15.00%), n-Hexadecanoic acid (14.69%), 9,12-Octadecadienoic acid (Z,Z)- (7.24%), Oleic Acid (7.03%), Benzaldehyde, 2-hydroxy-6-methyl- [Synonyms: 2,6-Cresotaldehyde] (6.79%), Benzofuran, 2,3-dihydro-[Synonyms: Coumaran] (5.25%), Octadecanoic acid (2.24%), 1-Docosene (1.69%) and Stigmastan-6,22- dien, 3,5-dihydro- (1.49)<sup>6</sup>

*Leaves:*

Carbohydrates, flavonoids, steroids, tannins, saponins, terpenoids, and absences of alkaloids, proteins and amino acids<sup>7</sup>

#### **4. Pharmacological activity**

Anti-inflammatory, Antimicrobial, Antioxidant, cancer prevention, Nematicide, Hypo-cholesterolemic, Anti-tumour, Immuno-stimulant, Diuretic<sup>1,4,5,6,7,8</sup>

#### **5. Medicinal uses**

Bruised roots are employed externally in reducing inflammatory tumours and as an antidote to snake bites<sup>1,3</sup>. Roots were used as anthelmintic, astringent and also used for dysentery, fever, inflammation, and rheumatism<sup>9,3</sup>. Form of a powder it is administered internally as an anthelmintic and febrifuge<sup>1</sup>. Bark of the root is employed as an antidote to poison<sup>1</sup>. Used for skin diseases by the

traditional healers of Tiruvannamalai hills, Tamil nadu<sup>5</sup>. Ethnobotanically, the leaves are used for anthelmintic and rheumatism<sup>5</sup>. Ethnobotanically the bark is made in to a decoction with Curcuma aromatic and is given with honey for inflammations in stomach, vomiting, stomach pain, indigestion<sup>8</sup>.The aerial parts used as herbal remedies for diabetes<sup>8</sup>.

## CONCLUSION

Review of literature revealed less work on this plant, hence *Hugonia mystax* possesses numerous biological activities proved by many experimental studies. It denotes a class of herbal drug with strong theoretical or traditional base as a strong experimental base for its use. Thus, this plant has great potential for Rheumatism, Anthelmintic, Anti-inflammatory, anti tumour and antidote activities, but before recommending it for clinical use in these conditions, there is a need to conduct clinical trials and prove its clinical utility.

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